

Course Profile

2-Day First Aid at Work (Requalification)

Venue or In-House

Duration

2 Days – usually 9.00am – 4.30pm each day. May be split to run over a longer period.

Description

The course aims to re-train employees up to the Health and Safety Executive-approved standard for the purpose of the Health and Safety (First Aid) Regulations 1981.

Objectives

On completion of the course, delegates will be able to recognise and deal with:

- + The principles of first aid
- + Emergency actions
- + Unconscious casualties
- + Asphyxia
- + Non-breathing casualties
- + A casualty whose heart has stopped
- + Severe and minor bleeding
- + Burns and scalds
- + Shock
- + Poisoning
- + Bone joint and muscle injuries
- + Transport of casualties
- + Communication and delegation
- + The risk of infection – HIV, hepatitis, dressings & first aid kits
- + Recognition of illness
- + Treatment of minor injuries
- + Eye irrigation
- + Simple record-keeping
- + HSE legislation

Prerequisites

Candidates must hold a valid First Aid at Work certificate and have the aptitude and ability to cope with an intense course of study and practical activity.

Suitability

The course is intended for people who are qualified as the 'Designated First Aider' at a place of employment and who hold a valid FAW certificate.

Qualification

On completion of the course, delegates will be assessed in practical and theory aspects of first aid to the HSE-approved standard. Successful completion of the assessment will result in the renewal of a First Aid at Work certificate. This will be valid for a period of three years and should be renewed by attendance on a two-day Re-qualification course before the expiry date of the certificate. Attendance on a three-day First Aid At Work course will be necessary if validity has lapsed.

Course size

Maximum course size 12.



Tel: +(44)0845 644 5154

Fax: +(44)020 8366 2164

Check availability and book on-line at:

www.firstaidtraining.co.uk

Email:

info@firstaidtraining.co.uk



First Aid at Work + Requalification + Paediatric First Aid
Emergency First Aid at Work + Basic Life Support
Food Safety + Moving & Handling + Health & Safety