

Course Profile

First Aid at Work Annual Refresher

Duration

3 hours – AM or PM

Description

The course is intended for people who already have a valid First Aid at Work certificate and aims to allow First Aid at Work first aiders to update and refresh their knowledge and experience using classroom and casualty simulation exercises.

Objectives

On completion of this **REFRESHER** course, delegates should be able to demonstrate their competence to:

- (a) assess the situation in an emergency;
- (b) administer first aid to a casualty who is unconscious (including seizure);
- (c) administer cardiopulmonary resuscitation;
- (d) administer first aid to a casualty who is wounded and bleeding;
- (e) administer first aid to a casualty who is suffering from shock.

Prerequisites

Delegates should hold a valid First Aid at Work Certificate and have the ability to cope with an intense course of study and practical activity in involving controlled casualty exercises. They may be encouraged to act as casualties themselves but are given the option to decline.

Suitability

The HSE recommend that qualified first aiders should attend this course annually within the period of their current First Aid at Work certification.

Qualification

On completion of the course, delegates will receive a 'First Aid at Work Annual Refresher' certificate.

Course Size

Maximum course size 12.

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Check availability and book on-line at:

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Email:

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First Aid at Work + Requalification + Paediatric First Aid
Emergency First Aid at Work + Basic Life Support
Food Safety + Moving & Handling + Health & Safety