

## Case Study:

# Goldsmiths

UNIVERSITY OF LONDON

## First Aid Confidence for a Safer Community

### Safety as a Value

At Goldsmiths University, safety isn't just a requirement, it's a value. The university invests in regular accredited training to ensure colleagues are not only up to date with best practice but also **confident in their ability to protect one another in an emergency**. That commitment came to life through the **Emergency First Aid at Work - QNUK RQF Level 3 Award (1 day)**, delivered to colleagues across the university.

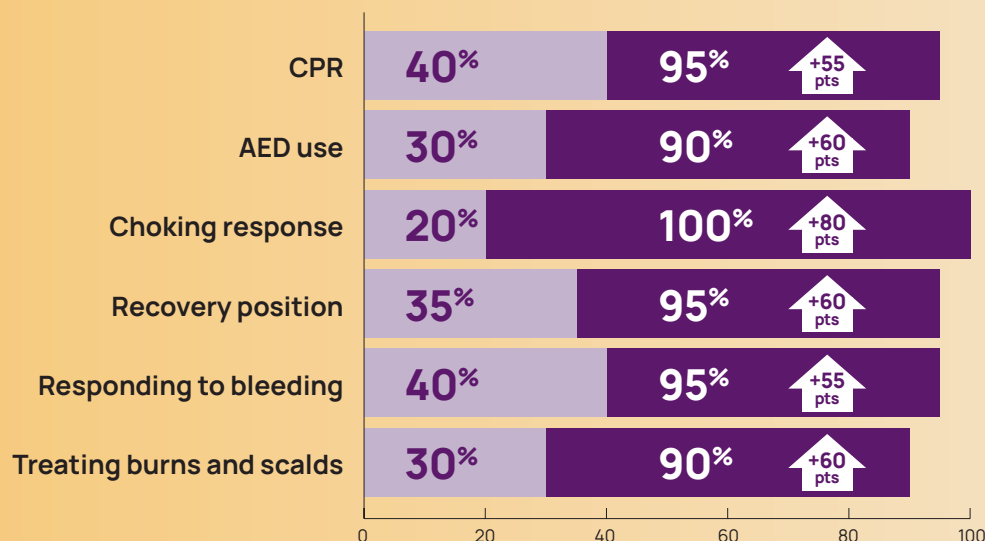
### Confidence Breakthrough

- Overall confidence to respond in an emergency more than **doubled** in one day.
- Staff moved from hesitant to **"extremely confident"** in taking action.

“ I am extremely relieved to have these skills in place and grateful not to be in a helpless position. ”



### Skills Transformation



**10 out of 10** participants left feeling more confident in these life-saving skills.

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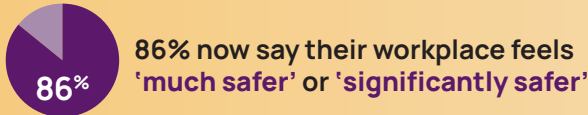
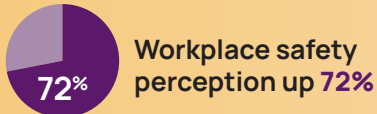
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“ I feel much more confident and glad to be a first aider. ”

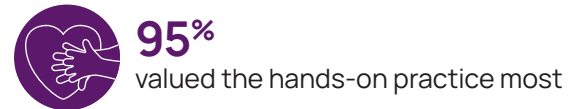
## Safety Breakthrough



“ In the workshops this training is very important – I now feel able to step up if something happens. ”

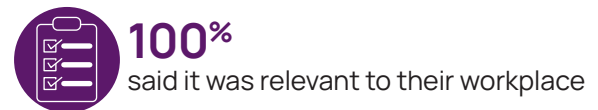
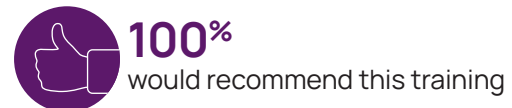


### Expert Training



### Impact and Value

The training left staff not only skilled, but confident and inspired:



### Outcomes at a Glance

Up to 80pts increases in all first aid skills

Up to 100% confidence after training

86% feel workplace is much safer

### Conclusion

Through this one-day programme, Goldsmiths University strengthened its culture of safety and care. Staff finished the course **empowered, capable, and ready to respond with confidence** should an emergency arise.

One day of training. Lasting confidence. A safer Goldsmiths.